

International Scientific and Practical Conference February 15, 2025

IMPROVING STUDENT MOTIVATION TO LEARN FOREIGN LANGUAGES: PROBLEMS AND SOLUTIONS

Tukhtabaeva Zamirakhon

Teacher of English Department "TIIAME"

National Research University

E-mail: zamira.tukhtabaeva@gmail.com

Abstract: This thesis explores the multifaceted issue of learner motivation in foreign language acquisition, identifying key problems and proposing effective solutions. It highlights factors affecting motivation, including language interference, cultural barriers, and individual differences among learners. Drawing on educational theories and practical strategies, the thesis presents solutions such as fostering a supportive learning environment, incorporating technology, and employing varied instructional methods. By addressing the challenges that hinder motivation, educators can significantly enhance students' engagement and success in learning foreign languages.

Key words: Foreign language, motivation, learners, methods, strategies.

INTRODUCTION

Motivation is a critical factor in the success of foreign language learning. It influences learners' attitudes, persistence, and overall achievement. However, many students encounter challenges that diminish their motivation, such as language interference, cultural barriers, and personal attitudes toward language learning. This thesis aims to investigate the problems that affect learner motivation in foreign language acquisition and to propose effective strategies for improvement.

LITERATURE REVIEW

The study employs a qualitative research approach, utilizing existing literature, educational theories, and case studies to identify key problems and solutions related to learner motivation. Data were gathered from scholarly articles, educational surveys, and interviews with language educators. The analysis focuses on the implications of



International Scientific and Practical Conference February 15, 2025

individual differences, cultural context, and effective teaching practices in enhancing learner motivation.

RESEARCH METHODOLOGY

Language interference is a significant barrier for many learners, particularly for Uzbek students learning English. The structural differences between Uzbek and English can lead to frustration and decreased motivation. For instance, Uzbek is a language that relies heavily on agglutination, where suffixes are attached to root words to convey grammatical relationships. In contrast, English uses a more fixed word order and a variety of auxiliary verbs. This fundamental difference can confuse Uzbek learners, leading them to struggle with English grammatical structures.

Moreover, pronunciation poses another challenge. Certain sounds in English, such as the "th" in "the" or "think", do not exist in Uzbek. A student whose native language lacks these sounds may feel demotivated when unable to pronounce words correctly. This situation can lead to a cycle of frustration, where repeated difficulties in pronunciation diminish the learner's confidence and enthusiasm for continuing their language studies.

Individual differences among learners, such as age, gender, and previous experiences with language learning, also influence motivation levels. Non-philological students, particularly those in technical or vocational fields, may lack interest or confidence in language learning due to their academic backgrounds. Many of these students may view English as a necessary but unappealing requirement rather than an opportunity for personal growth or career advancement.

For instance, adult learners often have different motivations than younger students, typically focusing more on practical applications of language skills rather than on creative or academic pursuits. An adult Uzbek learner may be motivated by the desire to improve their job prospects or to communicate effectively during international business meetings. However, if the curriculum does not align with their practical needs, their motivation may decline.

RESULTS AND DISCUSSION



International Scientific and Practical Conference February 15, 2025

Traditional teaching methods that do not engage students actively can lead to boredom and disengagement. A lack of variety in instructional strategies may fail to capture students' interest. For many Uzbek students, English classes that rely heavily on rote memorization of vocabulary and grammar rules can feel monotonous and unproductive. For example, a curriculum that emphasizes repetitive drills without incorporating interactive or communicative approaches may disengage students who thrive in dynamic learning environments. Instead of fostering a love for the language, such methods may reinforce negative attitudes toward learning, making students less likely to invest effort in their studies. To effectively enhance learner motivation in foreign language acquisition, several strategic solutions can be implemented within the educational framework. These solutions focus on creating a supportive learning environment, incorporating technology, employing varied instructional methods, integrating cultural content, and encouraging goal setting and self-assessment.

Fostering a classroom atmosphere that encourages risk-taking and values students' contributions is essential for enhancing motivation. A supportive environment allows learners to express themselves without fear of making mistakes, which is crucial in language learning. Teachers should provide constructive feedback that not only corrects errors but also recognizes individual progress and effort. This affirmation can significantly boost students' confidence and willingness to engage with the language. To implement this strategy, educators can encourage group work and peer interaction, which helps build a community among learners. Collaborative activities promote a sense of belonging and support, allowing students to learn from one another. For example, group projects can be designed where students work together to complete tasks that require the use of the target language, thereby enhancing both their language skills and their motivation to participate.

Utilizing technology in language learning can create engaging and interactive experiences for students. The digital age offers an abundance of online resources, language learning apps, and multimedia content that can motivate students by making learning more accessible and enjoyable. Technology facilitates various forms of



International Scientific and Practical Conference February 15, 2025

learning, catering to different preferences and needs. To effectively integrate technology, educators can incorporate language learning platforms that offer gamified experiences. These platforms can provide students with interactive exercises, quizzes, and games that reinforce language skills in a fun manner. For instance, platforms like Duolingo or Quizlet can be utilized to create competitive yet educational environments where students practice vocabulary and grammar through engaging challenges.

Employing diverse teaching strategies can cater to different learning styles and preferences, making lessons more engaging and effective. It is vital to recognize that students have unique ways of processing information and that a one-size-fits-all approach may not suffice. Incorporating games, role-plays, and authentic materials can significantly enhance the learning experience. For implementation, project-based learning is an effective approach that allows students to explore real-world contexts for language use. This method enhances relevance and interest, as students can relate their language learning to practical applications. For example, a project could involve researching a cultural event from a country where the target language is spoken and presenting their findings in the target language. Such activities not only promote language acquisition but also improve critical thinking and collaboration skills.

Integrating cultural content into language lessons can help students connect with the target language on a deeper level. Understanding the culture behind the language enhances learners' motivation and appreciation for what they are studying. When students see the relevance of the language to real-world contexts and cultural practices, their intrinsic motivation can be significantly increased. To implement cultural integration, educators can include themes related to traditions, music, cuisine, and festivals in their lessons. For instance, lessons could involve exploring traditional dishes from countries that speak the target language, which not only teaches vocabulary but also provides insight into cultural values and practices. Such thematic lessons make learning more relatable and enjoyable for students, fostering a more profound interest in the language.



International Scientific and Practical Conference February 15, 2025

Encouraging students to set personal language learning goals fosters a sense of ownership and motivation over their learning journey. When learners have specific objectives, they are more likely to engage with the material and strive to achieve their goals. Regular self-assessment allows students to track their progress, reflect on their learning, and celebrate their achievements. For implementation, educators can provide tools for students to create language learning portfolios. These portfolios can include their goals, challenges faced, and successes achieved throughout their language learning experience. By documenting their progress, students can visualize their growth and remain motivated to continue their studies. Additionally, incorporating regular check-ins where students assess their skills and adjust their goals can further enhance their commitment to learning.

By implementing these solutions—creating a supportive learning environment, incorporating technology, employing varied instructional methods, integrating cultural content, and encouraging goal setting—educators can significantly enhance learner motivation in foreign language acquisition. Understanding and addressing the unique challenges faced by students, particularly those from diverse backgrounds such as Uzbek learners, is crucial for fostering an engaging and effective language learning experience. With these strategies in place, students are more likely to develop a lasting interest in learning foreign languages and achieve their language learning goals.

CONCLUSION

Improving learner motivation in foreign language acquisition is essential for student success. By identifying the key challenges and proposing targeted solutions, educators can create a more engaging and supportive learning environment. Understanding the complexities of motivation, including the influences of language interference and cultural context, is crucial for developing effective teaching strategies that resonate with diverse learners.

REFERENCES



International Scientific and Practical Conference February 15, 2025

- 1. Dörnyei, Z. (2001). *Motivational Strategies in the Language Classroom*. Cambridge University Press.
- 2. Gardner, R. C. (1985). Social Psychology and Second Language Learning: The Role of Attitude and Motivation. Edward Arnold.
- 3. Ushioda, E. (1996). Learner Autonomy 5: The Role of Motivation. Authentik.
- 4. Ryan, R. M., & Deci, E. L. (2000). Self-Determination Theory and the Facilitation of Intrinsic Motivation, Social Development, and Well-Being. American Psychologist, 55(1), 68–78.
- 5. Schunk, D. H., Pintrich, P. R., & Meece, J. L. (2008). *Motivation in Education: Theory, Research, and Applications*. Pearson Education.
- 6. Teshaeva, D. (2024). THE HISTORY AND CURRENT STATUS OF COMPUTATIONAL LINGUISTICS. *SCIENTIFIC APPROACH TO THE MODERN EDUCATION SYSTEM*, 3(25), 189-191.
- 7. Kozimovna, T. Z. (2023). TILSHUNOSLIKDA DISKURS TUSHUNCHASI MOHIYATINING YORITILSHI. Central Asian Research Journal for Interdisciplinary Studies (CARJIS), (4 (16)), 34-39.
- 8. Kozimovna, T. Z. (2023). DEVIANT DISKURS-DEVIANT XULQ-ATVORNING TILDA AKS ETISHI. Central Asian Research Journal for Interdisciplinary Studies (CARJIS), (1 (13)), 35-41.
- 9. Sattorova, D., & Inagamova, G. (2025). THE EFFECTIVE WAYS OF AI USAGE IN LEARNING FOREIGN LANGUAGES. *ANALYSIS OF MODERN SCIENCE AND INNOVATION*, 1(5), 285-288.
- Shohistahon, U., Khudoyberdievich, D. A., Khilola, G., Guzal, I., & Takhirovna,
 I. B. K. (2019). About central management system state of Amir
 Temur. *International Journal of Engineering and Advanced Technology*, 9(1), 4834-4836.



International Scientific and Practical Conference February 15, 2025

- 11. Sheranov, Q., Umarova, F., & Sharapova, D. (2025). EFFECTS OF BEHAVIOURAL THERAPY FOR SCHIZOPHRENIA AND BIPOLAR AFFECTIVE DISORDER. *Modern Science and Research*, *4*(1), 307-315.
- 12. Jumanov, A., Khudayberganova, M., Mirazimova, G., Radjabov, Y., Umarov, N., & Samatova, G. (2023). Monitoring dynamics of green spaces in Surkhandarya region based on remote sensing data of climate change. In *E3S Web of Conferences* (Vol. 401, p. 02012). EDP Sciences.
- 13. Ganisher, K., & Marguba, K. (2024). THE LINGUISTIC AND STYLISTIC SIGNIFICANCE OF FOREGROUNDING IN ANALYZING MASS MEDIA TEXTS. *Eurasian Journal of Academic Research*, 4(7S), 296-298.
- 14. Ruzimamatovich, K. G., & Abdiyevna, K. M. (2024). BASIC PRINCIPLES METHODS OF TRANSLATION THEORY. *Modern World Education: New Age Problems—New solutions*, *1*(2), 1-2.
- 15. Jurayeva, M., Umarova, F., & Kholmurodova, E. (2024). THE EFFECTIVENESS OF GENDER APPROACHES IN HIGHER EDUCATION SYSTEM. *Science and innovation*, *3*(Special Issue 15), 707-710.
- 16. Khasanovna, K. E. TYPOLOGICAL CLASSIFICATION OF LANGUAGE. *INNOVATION IN THE MODERN EDUCATION SYSTEM*, 46.